

**BOARD OF HEALTH MEETING
PUBLIC WORK SESSION MEETING MINUTES
THURSDAY, FEBRUARY 13, 2020**

Steve Clarke, President of the Board of Health (BOH) called the Board of Health meeting to order at 7:30 p.m. in the second floor west wing conference room.

Steve Clarke led the Pledge of Allegiance.

Members in attendance: Steven Clarke, DC, Donna Garbaccio, RN, Lynne Spreen-Raffo, RN, Michael Sparozic, R.PH, Sau Yan Yee, MD, Devaleena Sen, R.PH, Casey Colaneri

Staff in attendance: Cindy Risseeuw, Secretary; Bergen County Department of Health (BCDOH) Staff: Michelle Delyannis, Registered Environmental Health Specialist (REHS)

Absent: Linda Brock, RN and Beth Fischer, Township Committee Liaison

Reading of the Open Public Meetings Act Public Work Session statement:

Cindy Risseeuw, Secretary, read the Open Public Work Session statement: "This Regular Work Session Meeting of the Wyckoff Board of Health is now in session. In accordance with the Open Public Meetings Act, notice of this meeting appears on our Annual Schedule of meetings. A copy of said Annual Schedule has been posted on the Bulletin Board in Memorial Town Hall; a copy has been filed with the Municipal Clerk, The Record, The Ridgewood News and the North Jersey Herald and News – all newspapers having general circulation throughout the Township of Wyckoff. At least 48 hours prior to this meeting the Agenda thereof was similarly posted, filed and mailed to said newspapers. Formal action may be taken at this meeting."

Approval of January 9, 2020 Public Business Meeting and Public Work Session Minutes:

Michael Sparozic motioned and Donna Garbaccio seconded; all members present voted affirmatively; Devaleena Sen abstained.

Report of REHS:

Michelle Delyannis reviewed the REHS report and logs.

Report of Board Members:

None.

New and Unfinished Business:

New Business

Steve Clarke is organizing a public health program on vaping in conjunction with The Valley Hospital scheduled for February 27, 2020. This program will be held at the Wyckoff Library in the Shotmeyer Room. Information regarding the

program will be dispersed to the middle school and high schools. Steve Clarke is preparing questions for the experts.

The Stigma Free Committee together with the Wyckoff YMCA will present the film "Screenagers" at the Wyckoff Library on March 4, 2020. This one hour long film dives into technology's impact on kids plus the challenges of parenting in a digital world.

Tonight's guest speaker was Sheila Brogan, ACSW, LSW. Ms. Brogan is a Social Worker with the Northwest Bergen Senior Activity Center in Midland Park (2-3 days a week). This senior center is available to persons 60 years of age and older in the Northwest Bergen County area. There are currently 2,400 people registered with the Senior Center with between 100-200 people attending daily (Monday-Friday). To attend the Center seniors must be independent and able to navigate stairs. Transportation is available 4 days a week to Wyckoff residents through Bergen County Community Transportation for a suggested donation of \$1.00. A full lunch is provided for a suggested donation of \$1.25 by pre-registering. The Senior Center also provides handyman services which are available for \$25/hour then additional fee of \$15/hour. Free tax preparation for simple returns is provided by AARP on Mondays and Tuesdays by appointment only. Ms. Brogan provides information and help filling out forms such as the Senior Freeze Program but does not provide counseling services. A caregiver's support group is available for people caring for someone 60 years of age and older. The Senior Center provides exercise programs and speakers on fraud/scams.

Old Business

Dr. Clarke reminded members of the following Open Public Records Act (OPRA) Law requirements. Board members must include the following language on all memos to board members:

"The Board/Commission Secretary or Liaison shall be included in any email a Township Committee appointed Board/Commission member sends. All emails are subject to the Open Public Records Act and as such, may be requested by citizens. (This requirement is applicable to all members of the Wyckoff Planning Board, Zoning Board of Adjustment, Library Board of Trustees, Recreation and Parks Commission, Board of Health, Environmental Commission, Shade Tree Commission, Design Review Advisory Committee and any other ad-hock committee regardless if it is sent from your personal/business computer or personal/business data phone.) There should be no expectation that the content of emails exchanged with municipal officials and employees will remain private."

Mike Sparozic motioned to close the Public session; seconded, Casey Colaneri; all members present voting affirmatively.

The Board of Health Meeting adjourned at 8:25 p.m.