



## NEW JERSEY HOTLINES AND RESOURCES

**NJ ADDICTION SERVICES HOTLINE - 844-276-2777**: Provides information and referral to substance abuse treatment agencies statewide. This free service is available 24 hours a day, 7 days a week, and information shared is confidential.

NJ CONNECT FOR RECOVERY – 855-652-3737 (Dedicated to opiate addiction): NEW! The NJ Connect for Recovery Call Line was established to support two distinct groups across the state of New Jersey: those concerned with their own opiate use; and, those who are experiencing distress related to the opiate use of a friend or family member. This service is a safe, confidential, nonjudgmental forum that New Jerseyans may call to connect, grow and transform through a unique combination of supportive counseling from Certified Alcohol and Drug Counselors and Peer Specialists.

**2NDFLOOR** – **888-222-2228**: 2NDFLOOR is a confidential and anonymous helpline for New Jersey's youth and young adults. We are here to help you find solutions to the problems that you face at home, at school or at play.

NJ MENTALHEALTHCARES HELPLINE – 866-202-4357: The New Jersey MentalHealthCares Helpline directs callers to appropriate service entry points. With a toll-free, confidential phone call, individuals may also obtain information, referral resources, advocacy and supportive counseling from trained professionals.

NJ HOPE LINE – 855-654-6735: New Jersey's 24/7 Peer Support and Suicide Prevention Hotline.

**CBHCARE WELLNESS AND SUPPORT CENTER – 201-957-1800**: CBHCare Wellness and Support Center provides Bergen County residents with early intervention support services. It offers access to short term and recovery oriented crisis intervention and also provides stabilization services for individuals experiencing a mental health crisis.

**ALCOHOLICS ANONYMOUS** – **24 HOUR HELPLINE**: **800-245-1377** OR **908-687-8566**: Website -<u>NNJAA.ORG</u> Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

NARCOTICS ANONYMOUS – 24 HOUR HELPLINE: 800-992-0401 OR 732-933-0462: Website – NANJ.ORG Narcotics Anonymous is a nonprofit Fellowship or society of men and women for whom drugs had become a major problem. Narcotics Anonymous is an international, community-based association of recovering drug addicts with over 61,000 weekly meetings in over 131 countries worldwide.

**FAMILY ANONYMOUS** – **800-736-9805**: Website – <u>FAMILIESANONYMOUS.ORG</u> Families Anonymous is a 12 Step fellowship for the families and friends who have known a feeling of desperation concerning the destructive behavior of someone very near to them, whether caused by drugs, alcohol, or related behavioral problems.

BERGEN COUNTY DOHS OFFICE OF ALCOHOL AND DRUG DEPENDENCY: Website - BERGENHEALTH.ORG