

**TOWNSHIP OF WYCKOFF
BOARD OF HEALTH MEETING
PUBLIC WORK SESSION MEETING MINUTES
THURSDAY, OCTOBER 19, 2023**

Steven Clarke, President of the Board of Health (BOH) called the Board of Health meeting to order at 7:30 p.m.

Steven Clarke led the Pledge of Allegiance.

Members in attendance: Steven Clarke, DC, Sau Yan Yee, MD, Donna Garbaccio, RN (Remote), Lynne Spreen-Raffo, RN (Remote), Michael Sparozic, R.PH

Staff in attendance: Cindy Risseeuw, Secretary; Bergen County Department of Health (BCDOH) Staff: Laura Folco, Chief Registered Environmental Health Specialist (REHS)

Absent: Devaleena Sen, R.PH, Linda Brock, RN, Casey Colaneri, Rudy Boonstra, Township Committee Liaison

Cindy Risseeuw, Secretary, read the Open Public Work Session statement: "This Regular Work Session Meeting of the Wyckoff Board of Health is now in session. In accordance with the Open Public Meetings Act, notice of this meeting appears on our Annual Schedule of meetings. A copy of said Annual Schedule has been posted on the Bulletin Board in Memorial Town Hall; a copy has been filed with the Municipal Clerk, The Record, The Ridgewood News and the North Jersey Herald and News – all newspapers having general circulation throughout the Township of Wyckoff. At least 48 hours prior to this meeting the agenda thereof was similarly posted, filed, and mailed to said newspapers. Formal action may be taken at this meeting."

Approval of September 14, 2023, Public Business Meeting and Public Work Session Minutes:

The approval of the September 14, 2023, meeting minutes; motioned Mike Sparozic, Seconded Lynne Spreen-Raffo; all present in favor.

Report of REHS:

Laura Folco reviewed the REHS log. Board member discussion ensued.

Laura Folco reviewed the construction plans for the Country Café which resulted in changes including adding (2) sinks (handwash and prep).

Laura Folco noted that in preparation for this year's Greek Festival, the BCDOH held food safety classes prior to the event.

Report of Board Members:

None.

Public Comment:

None

New and Unfinished Business:

Steven Clarke noted that on December 14, 2023, Doug Struyk from the Christian Healthcare Center will be the guest speaker. If any board members have suggestions for a health-related guest speaker, please contact the board secretary.

Steven Clarke mentioned that Rite Aid is closing many of their stores. Both Walgreens and CVS pharmacists are threatening to go on strike. There is more competition including mail order prescriptions.

Steven Clarke mentioned that a recent study showed that one serving of meat per week increases the chances of Type 2 Diabetes. The recommended diet to treat high blood pressure is the Mediterranean Diet.

Steven Clarke stated that a study shows that risk of Guillain-Barre syndrome is six times higher after a COVID infection.

Steven Clarke noted that construction has started on the Hackensack Meridian urgent care which is located in the Stop & Shop in the Boulder Run Shopping Center.

Steven Clarke will be attending the second Open House hosted by Ridgewood Water on October 24, 2023, in Midland Park. Currently Ridgewood Water is working on the plant located on Goffle Road next to the Speedway.

The YMCA Wyckoff Day was rained out twice this year and, therefore, has been rescheduled for next year.

Mike Sparozic motioned to close the Public Work session; seconded, Donna Garbaccio; all members present voting affirmatively.

The Board of Health Meeting adjourned at 7:45 p.m.