

## ~ Hope and Healing After an Addiction Death ~

Gail Cole and Patty Trava, along with the support and guidance of Lani Bonifacic, LCSW, have launched a bereavement group for those who have lost a loved one to the disease of addiction. Gail lost her 22 year old son Brendan, and Patty lost her 21 year old daughter Cate in early 2014 to addiction.

**Meetings will be held at Calvary Lutheran Church, 165 West Crescent Avenue, Allendale, NJ, on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of the month from 7:30-9:00 pm.**

The group's mission statement: *We come together in the shared grief of having suffered a tremendous loss due to addiction and recognize that we are forever changed due to this loss. By coming together, we will remove the isolation and stigma as we work on our pain and grief so we can learn how to survive and have hope. We will work on transforming our feelings into hope and learn to live and love again, to find our new normal. We will do this together with friendship, understanding, compassion and comfort.*

Please pass along this information to anyone you know who has suffered this type of loss. If anyone would like further information, please contact Gail Cole at [bcole5@aol.com](mailto:bcole5@aol.com).