

**BOARD OF HEALTH MEETING  
PUBLIC WORK SESSION MEETING MINUTES  
THURSDAY, FEBRUARY 12, 2015**

Ms. Carol Hertenstein, President of the Board of Health called the Board of Health meeting to order at 7:30 p.m. in the second floor west wing conference room.

Ms. Hertenstein led the Pledge of Allegiance.

**Members in attendance:** Carol Hertenstein, RN, Richard Morski, MD, Steven Clarke, DC, Donna Garbaccio, RN, Wendy Coffey, MSW, LCSW, Municipal Alliance Chair, Lynne Spreen-Raffo, RN, Brian Scanlan, Township Committee Liaison

**Staff in attendance:** Angela Musella, Health Officer, Northwest Bergen Regional Health Commission (NWBRHC), Cindy Risseeuw, Secretary

**Absent:** Linda Brock, RN, Michael Sparozic, R.PH

**Reading of the Open Public Meetings Act Public Work Session statement:**

Cindy Risseeuw, Secretary, read the Open Public Work Session statement: "This Regular Work Session Meeting of the Wyckoff Board of Health is now in session. In accordance with the Open Public Meetings Act, notice of this meeting appears on our Annual Schedule of meetings. A copy of said Annual Schedule has been posted on the Bulletin Board in Memorial Town Hall; a copy has been filed with the Municipal Clerk, The Record, The Ridgewood News and the North Jersey Herald and News – all newspapers having general circulation throughout the Township of Wyckoff. At least 48 hours prior to this meeting the Agenda thereof was similarly posted, filed and mailed to said newspapers. Formal action may be taken at this meeting."

**Approval of January 8, 2014 Regular Meeting and Work Session with correction:**

Richard Morski, MD motioned and Brian Scanlan seconded; Donna Garbaccio, RN abstained, remaining members present voted affirmatively.

**Member of the public present:**

Bob Harz, Wyckoff Seniors

**Report of Board Members:**

Wendy Coffey and Steve Clarke attended the Town Hall Meeting Wellness Initiative for FLOW area parents called "Teenage Challenges; Promoting

Wellness and Resiliency” on January 29, 2015 at 7:30 p.m. at Indian Hills High School. The program consisted of 15 panelists as well as Bergen County sponsored exhibits addressing services offered by the County. Approximately 150 parents attended. Wendy Coffey stated that the Municipal Alliance is looking to provide a similar program for parents at Eisenhower Middle School.

Ms. Coffey stated that Mayor Kevin Rooney has signed the Mayor’s Wellness Initiative. Ideas for this initiative are: weight loss, healthy eating, diabetes, cholesterol, meditation, yoga and stress relief. Ms. Coffey is striving to make wellness something residents think about every day. Ms. Coffey requested a subcommittee be formed to implement this program. All board members present voted affirmatively. Board members interested in participating on this subcommittee should contact Ms. Coffey via email.

Mr. Scanlan stated that the township committee has established a subcommittee to determine passive (non-standard, non-competitive recreation) for all ages.

Ms. Risseeuw asked board members to review their personal data on the 2015 Board of Health roster. Dr. Morski stated that he now a resident of Ramsey and is happy to continue to be a part of the Wyckoff Board of Health; this change of residence does not present a conflict.

Mr. Scanlan noted that the township would like to promote availability of West Bergen Mental Health to the residents; sliding scale fee available. Ms. Musella recommended notifying the schools nurses regarding the availability of this service.

The Stigma Free program has not been confirmed yet. A proclamation is needed from the township at which time Cathy Pilone, RN, MSN, NEA-BC, CHCC Ramapo Ridge will administer the program. Mr. Scanlan will follow-up on the Stigma Free program.

### **Report of the Board of Health President:**

Ms. Hertenstein stated that all Board Members received an email copy of the Township’s Social Media Policy. Ms. Hertenstein asked all members to read this policy. Board Members are reminded they can “like” a posting, but are not permitted to “comment”. The Facebook link is Wyckoff Local Government and the Twitter account is @wyckofftownship.

Ms. Hertenstein stated that two food handler’s licenses were still outstanding; after February 15, 2015, township ordinance requires a summons be issued. Ms. Risseeuw will follow up and keep Ms. Musella up to date on the delinquencies.

Ms. Hertenstein reminded those members of the board who are CERT/CART trained, that a four hour sheltering training course is available on Tuesday & Thursday, March 10 & 12 from 7-9 pm or Saturday, March 28 from 8:30 am – 12:30 pm at the Bergen County Police/Fire Academy. Ms. Hertenstein and Ms.

Risseeuw are currently registered to attend.

The discussion scheduled this evening with Ridgewood Water officials has been postponed by Ridgewood Water to next month's board meeting, March 12, 2015.

### **Report of the Health Officer:**

Ms. Angela Musella stated that NWBRHC has agreed to remove the plan review fee from the 2015 contract. Ms. Musella will re-issue the contract for signature.

Ms. Angela Musella, Health Officer, reviewed the NWBRHC January 2015 Activity Report (distributed and attached) as follows:

1. Thirteen mandated establishment inspections were performed; all satisfactory.
2. Two animal bites were reported.
3. Six cases of Lyme disease were reported.
4. A total of 265 animals received rabies vaccines at the Rabies Clinic on January 10; 249 dogs and 16 cats. Ms. Musella noted that the State has no rabies vaccine available for clinics being held from February-May 2015.

Ms. Musella stated that measles information was sent to the Wyckoff schools and nursery schools due concerns regarding outbreaks. Ms. Musella stated that State is not recommending vaccination clinics.

### **New and Unfinished Business:**

Ms. Hertenstein stated that the first session of the series "Coping in a Changing World – Coping with Loss and Change" was dynamite! The panelists were excellent, approximately 75-80 people attended (attendees came early and did not want to leave, forming support groups at their tables).

Ms. Hertenstein stated that the next session of the series "Coping in a Changing World – Helping Your Teens Cope in a Changing World" sponsored by the Wyckoff Family YMCA, CHCC, Elderful, LLC, The Valley Hospital and Wyckoff Board of Health will be held on Tuesday, March 10, 2015 from 7-9 pm at the Wyckoff Family YMCA. Topics to be addressed are social media, school/college pressures and alcohol/substance abuse. Among the panelists will be Bev Mackay, LCADC, Jessica Shea, LCSW and a clinician from Northwest Bergen Mental Health (yet to be determined). Det. Joe Soto from the Wyckoff Police Department, who works with the Wyckoff Municipal Alliance and juvenile issues, will be in the audience to assist with answering parents' questions.

Ms. Hertenstein with the agreement of board members stated that the Mayor's Wellness Challenge would be an ideal theme for this year's Wyckoff Day.

Ms. Hertenstein reminded members of the following Open Public Records Act (OPRA) Law requirements. Board members must include the following language on all memos to board members:

“The Board/Commission Secretary or Liaison shall be included in any email a Township Committee appointed Board/Commission member sends. All emails are subject to the Open Public Records Act and as such, may be requested by citizens. (This requirement is applicable to all members of the Wyckoff Planning Board, Zoning Board of Adjustment, Library Board of Trustees, Recreation and Parks Commission, Board of Health, Environmental Commission, Shade Tree Commission, Design Review Advisory Committee and any other ad-hock committee regardless if it is sent from your personal/business computer or personal/business data phone.) There should be no expectation that the content of emails exchanged with municipal officials and employees will remain private.”

Brian Scanlan motioned to close the Public session; seconded, Dr. Morski; all members present voting affirmatively.

The Board of Health Meeting adjourned at 8:25 p.m.