

**BOARD OF HEALTH MEETING
PUBLIC WORK SESSION MEETING MINUTES
THURSDAY, FEBRUARY 8, 2018**

Dr. Steven Clarke, President of the Board of Health (BOH) called the Board of Health meeting to order at 7:30 p.m. in the second floor west wing conference room.

Dr. Clarke led the Pledge of Allegiance.

Members in attendance: Steven Clarke, DC, Wendy Coffey, MSW, LCSW, Donna Garbaccio, RN, Carol Hertenstein, RN, Lynne Spreen-Raffo, RN, Michael Sparozic, R.PH., Melissa Rubenstein, Township Committee Liaison

Staff in attendance: Cindy Risseeuw, Secretary; Bergen County Department of Health (BCDOH) Staff: Michelle Delyannis, REHS

Absent: Linda Brock, RN, Richard Morski, MD

Reading of the Open Public Meetings Act Public Work Session statement:

Cindy Risseeuw, Secretary, read the Open Public Work Session statement: "This Regular Work Session Meeting of the Wyckoff Board of Health is now in session. In accordance with the Open Public Meetings Act, notice of this meeting appears on our Annual Schedule of meetings. A copy of said Annual Schedule has been posted on the Bulletin Board in Memorial Town Hall; a copy has been filed with the Municipal Clerk, The Record, The Ridgewood News and the North Jersey Herald and News – all newspapers having general circulation throughout the Township of Wyckoff. At least 48 hours prior to this meeting the Agenda thereof was similarly posted, filed and mailed to said newspapers. Formal action may be taken at this meeting."

Approval of January 11, 2018 Public Business Meeting and Public Work Session Minutes:

Minutes were approved as corrected by Donna Garbaccio.

Mike Sparozic motioned and Carol Hertenstein seconded; all members present voted affirmatively.

No public present.

Report of REHS:

Michelle Delyannis reviewed the REHS report and logs. There were no comments from Board members.

Report of Board Members: None.

New and Unfinished Business:

Wellness Campaign – Wendy Coffey/Carol Hertenstein

The 20-minute fall risk program for the seniors at the Larkin House scheduled for January 30 at 1:00 pm was well received by the attendees. Marla Klein (BCDOH) contacted Wendy regarding wellness spring activities.

Stigma Free Program – Carol Hertenstein/Donna Garbaccio

Donna Garbaccio showed a video clip of “Bite a Lime” for mental health stigma free basketball games that took place on February 13 at both the Ramapo and Indian Hills High Schools. Biting a lime signified biting the stigma out of mental health. Students were excited about participating/attending the basketball games. Posters, 200 lime green shirts, favors, and pledge cards were offered at the program. During half time, attendees stood and recited the stigma free pledge.

The Mental Health First Aid program scheduled for February 8th was rescheduled due to snow.

Wyckoff Municipal Alliance (MA)

Both Mayor Scanlan and Township Committee member Melissa Rubenstein will be working on the MA program along with Chairperson Bill Christopher.

Wyckoff Day Ideas/Suggestions

Steve Clarke asked that BOH members to start thinking about ideas for Wyckoff Day held each year in June at the YMCA. The BOH will coordinate with Cathy Pione, Chairperson of the Stigma Free program, to assure the Stigma Free table is aligned with the BOH/MA/Mayor’s Wellness Campaign tables. Melissa Rubenstein suggested a prescription medication drop off on Wyckoff Day. Any prescription drop off at Wyckoff Day would need to be secured. Steve Clarke will discuss with Police Chief Dave Murphy.

Old Business

Carol Hertenstein noted that Health Kids Day at the YMCA will be held on March 03/24/2018 from 10 am – 1 pm. Steve Clarke will reach out to Meg Magerko at the YMCA; a BOH representative is needed for the event.

Melissa Rubenstein will present the Board of Health’s proclamation recommendation for Dorothy Fish, former BOH President, to the Township Committee for consideration.

New Business

Mike Sparozic reported that on January 23 the Wyckoff Patch published an article entitled "Radon in Water" and unless the reader clicked on the article link, the reader did not discover that Wyckoff was not even mentioned in the article. Board members expressed concerns regarding the reporting practices of the Wyckoff Patch.

Donna Garbaccio would like to invite Hansel Asmar, Director/Health Officer (BCDOH) periodically to BOH meetings. Questions for the Health Officer would be prepared in advance of the meeting. Per Michelle Delyannis, REHS, Assistant Health Officer, Karen Alelis is currently making her rounds to all the Bergen County towns serviced by the BCDOH.

Steve Clarke expressed concern that the BOH was not notified by the BCDOH of a reported Pertussis case in a local nursery school. There was one case reported in the BCDOH nursing report. Steve Clarke and Michael Sparozic stated that if the schools are sending out a notification to parents regarding an illness, the BOH should be notified. Carol Hertenstein suggested the BOH be added to the school notification list and stated most reported cases are suspect cases and not confirmed. Any questions received by BOH secretary can be directed to the BCDOH nursing staff.

Steve Clarke noted that there is a bill before the legislature requiring restaurants to post allergy alerts.

Steve Clarke asked board members to gather thoughts about cannabis as future PSAs may need to be written on the subject. Melissa Rubenstein has been invited to cannabis education program.

Dr. Clarke reminded members of the following Open Public Records Act (OPRA) Law requirements. Board members must include the following language on all memos to board members:

"The Board/Commission Secretary or Liaison shall be included in any email a Township Committee appointed Board/Commission member sends. All emails are subject to the Open Public Records Act and as such, may be requested by citizens. (This requirement is applicable to all members of the Wyckoff Planning Board, Zoning Board of Adjustment, Library Board of Trustees, Recreation and Parks Commission, Board of Health, Environmental Commission, Shade Tree Commission, Design Review Advisory Committee and any other ad-hock committee regardless if it is sent from your personal/business computer or personal/business data phone.) There should be no expectation that the content of emails exchanged with municipal officials and employees will remain private."

Mike Sparozic motioned to close the Public session; seconded, Lynne Spreen-Raffo; all members present voting affirmatively.

The Board of Health Meeting adjourned at 8:10 p.m.