



Wyckoff Residents

FREE

**WALK-IN
HEALTH PROGRAM**

Every Thursday 1:00 -3:00 pm

(except the fifth Thursday of any month)

NO APPOINTMENT NECESSARY

**Cedar Hill Christian Reformed Church
525 Cedar Hill Avenue, Wyckoff**

- **blood pressure monitoring**
- **nutritional information
(diet and weight consultation)**
- **cardiac, osteoporosis, and diabetes risk
factor identification**
- **medication consultation**
- **initial health referrals**

**A registered nurse conducts the sessions.
This service is free to all Wyckoff adults.**

SPONSORED BY

Wyckoff Board of Health