## BOARD OF HEALTH MEETING PUBLIC WORK SESSION MEETING MINUTES THURSDAY, SEPTEMBER 12, 2019

Steve Clarke, President of the Board of Health (BOH) called the Board of Health meeting to order at 7:30 p.m. in the second floor west wing conference room.

Steve Clarke led the Pledge of Allegiance.

**Members in attendance**: Steven Clarke, DC, Sau Yan Yee, MD, Lynne Spreen-Raffo, RN, Michael Sparozic, R.PH, Linda Brock, RN, Devaleena Sen, R.PH, Melissa Rubenstein, Township Committee Liaison

**Staff in attendance**: Cindy Risseeuw, Secretary; Bergen County Department of Health (BCDOH) Staff: Michelle Delyannis, Registered Environmental Health Specialist (REHS)

Absent: Donna Garbaccio, RN

### Reading of the Open Public Meetings Act Public Work Session statement:

Cindy Risseeuw, Secretary, read the Open Public Work Session statement: "This Regular Work Session Meeting of the Wyckoff Board of Health is now in session. In accordance with the Open Public Meetings Act, notice of this meeting appears on our Annual Schedule of meetings. A copy of said Annual Schedule has been posted on the Bulletin Board in Memorial Town Hall; a copy has been filed with the Municipal Clerk, The Record, The Ridgewood News and the North Jersey Herald and News – all newspapers having general circulation throughout the Township of Wyckoff. At least 48 hours prior to this meeting the Agenda thereof was similarly posted, filed and mailed to said newspapers. Formal action may be taken at this meeting."

# Approval of May 9, 2019 Public Business Meeting and Public Work Session Minutes:

Melissa Rubenstein motioned and Lynne Spreen-Raffo seconded; all members present voted affirmatively; Steve Clarke, Melissa Rubenstein and Devaleena Sen abstained.

## Approval of June 13, 2019 Public Business Meeting and Public Work Session Minutes:

Linda Brock motioned and Lynne Spreen-Raffo seconded; all members present voted affirmatively.

No public present.

#### Report of REHS:

Michelle Delyannis reviewed the REHS report and logs. Ms. Delyannis discussed

the licensing of commissary (shared) kitchens. The recommendation is to license shared kitchens annually as well as annual licenses for each individual vendor using the facility. Melissa Rubinstein will speak with the Township Committee regarding a proposed fee schedule.

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None.

#### **New and Unfinished Business:**

#### **New Business**

Steve Clarke stated that Wendy Coffey resigned from the BOH effective immediately. Melissa Rubenstein recommended moving Devaleena Sen from Alternate #2 position to a board member position and interview candidates for an alternate position.

Steve Clarke introduced Ordinance #94 – An Ordinance to Amend the Code of the Township of Wyckoff, Chapter 216. "Sewer Connections to Authorize the Township Engineer to Issue Notice to Connect to the Wyckoff Sanitary Sewer System or the North West Bergen County Sewer System

Motioned: Sen Seconded: Yee

Clarke: Yes Garbaccio: Absent Yee: Yes \_\_\_

A motion was made by Devaleena Sen and seconded by Melissa Rubenstein to waive the One-Day Food Handler's License fee for the food vendors participating in the Wyckoff Fireworks scheduled for September 28, 2019; all members present voted affirmatively.

A motion was made by Linda Brock and seconded by Dr. Yee to waive the One-Day Food Handler's License fee for the Wyckoff Fire Company No. 3 Beefsteak Dinner Fundraiser scheduled for October 24, 2019; all members present voted affirmatively.

The BOH members suggested conducting the Flu Vaccine Program for Township Employees and First Responders on Monday, October 21, 2019 at Company #1 Firehouse between the hours of 4:30 – 7:00 pm. Ms. Risseeuw will contact Walgreen's to administer the vaccine.

Ms. Risseeuw reported the Well Baby Clinic statistics for 2018 and 2019. Dr. Clarke suggested inviting the nurse from the clinic to attend a BOH meeting to explain how the program works.

Guest Speakers – Jillian Travers and Melissa Fraas, BCDOH Health Educators

The Health Educators reported that there have been six (6) deaths due to pulmonary disease linked to vaping. There are three (3) confirmed cases of

vaping illnesses reported in New Jersey in people ranging in age from 16-45 years of age. The Center for Disease Control (CDC) has issued alerts for people of any age to not buy these products either from reputable retailers or the black market. At this time, it is unclear as to what is causing the illnesses. The vaping products are not regulated or tested to see what chemicals are in them and the quantities. The possibility exists that vaping products are more harmful than cigarettes.

Melissa Fraas (BCDOH Health Educator) is recommending a three-prong approach: (1) Prevention/Education, (2) Cessation and (3) Policy.

The vaping companies are targeting young children to get them to buy in and get them addicted for the long term. The advertising, product design and product flavors are aimed at young children. Videos are available online demonstrating "tricks" which can be done with vaping products. It is also possible to modify JUUL pods (see YouTube videos) to dispense THC and propylene glycol additives). Cost of a vaping startup kit is approximately \$40-\$50 which includes device and two pods.

Prevention needs to start early. There are programs available from the BCDOH (Don't Get Vaped In). The curriculum is available to be delivered to a range of age groups; Youth to Youth and Adult to Adult. BCDOH Health Educators can provide these programs ASAP. These education/preventative measures need to be provided before the children enter high school. Prevention and education programs need to get into schools with the assistance of the Wyckoff Board of Education. Programs can be incorporated into the school Health Classes. The school administrators and parents need to be educated (Ms. Rubenstein recommends the BOH contact the Wyckoff YMCA to partner with them on this education initiative.) Ms. Risseeuw will contact Joy Vottero to try to schedule a program for late October 2019.

There is a program available called Aspire which has been developed by the M.D. Anderson Cancer Center which includes information on e-cigarettes and behavior modification.

Policy – The biggest issue is licensed vape shops which may not be properly ID'ing the purchaser. Also, it is possible to purchase vaping supplies online. School administrators need to establish policies.

#### Old Business

Dr. Clarke reminded members of the following Open Public Records Act (OPRA) Law requirements. Board members must include the following language on all memos to board members:

"The Board/Commission Secretary or Liaison shall be included in any email a Township Committee appointed Board/Commission member sends. All emails are subject to the Open Public Records Act and as such, may be requested by citizens. (This requirement is applicable to all members of the Wyckoff Planning Board, Zoning Board of Adjustment, Library Board of Trustees, Recreation and Parks Commission, Board of

Health, Environmental Commission, Shade Tree Commission, Design Review Advisory Committee and any other ad-hock committee regardless if it is sent from your personal/business computer or personal/business data phone.) There should be no expectation that the content of emails exchanged with municipal officials and employees will remain private."

Linda Brock motioned to close the Public session; seconded, Devaleena Sen; all members present voting affirmatively.

The Board of Health Meeting adjourned at 8:40 p.m.