

**BOARD OF HEALTH MEETING
PUBLIC WORK SESSION MEETING MINUTES
THURSDAY, JANUARY 12, 2023**

Steven Clarke, President of the Board of Health (BOH) called the Board of Health meeting to order at 7:30 p.m.

Steven Clarke led the Pledge of Allegiance.

Members in attendance: Steven Clarke, DC, Michael Sparozic, R.PH, Lynne Spreen-Raffo, RN, Linda Brock, RN (remote), Casey Colaneri, Donna Garbaccio, RN, and Devaleena Sen, R.PH, Rudy Boonstra, Township Committee Liaison

Staff in attendance: Cindy Risseeuw, Secretary; Bergen County Department of Health (BCDOH) Staff: Natalie Huizing, Laura Folco, Chief Registered Environmental Health Specialist (REHS)

Absent: Sau Yan Yee, MD

Natalie Huizing, Secretary, read the Open Public Work Session statement: "This Regular Work Session Meeting of the Wyckoff Board of Health is now in session. In accordance with the Open Public Meetings Act, notice of this meeting appears on our Annual Schedule of meetings. A copy of said Annual Schedule has been posted on the Bulletin Board in Memorial Town Hall; a copy has been filed with the Municipal Clerk, The Record, The Ridgewood News and the North Jersey Herald and News – all newspapers having general circulation throughout the Township of Wyckoff. At least 48 hours prior to this meeting the agenda thereof was similarly posted, filed, and mailed to said newspapers. Formal action may be taken at this meeting."

Approval of November 10, 2022, Public Business Meeting and Public Work Session Minutes:

The approval of the December 8, 2022, meeting minutes; motioned Mike Sparozic, Seconded Linda Brock

Report of REHS:

Laura Folco reviewed the REHS log.

Report of Board Members:

None.

Public Comment:

None

New and Unfinished Business:

Mr. Emilio Vitolo from Wyckoff Prime Meats came in and spoke about his history in the meat business and the precautions to take when purchasing meat. Emilio has owned Wyckoff Prime Meats since 1988 and moved his business to Wyckoff about 10 years ago. He discussed how some meats in supermarkets has been handled numerous times before it comes to market and storing the meat in open air cases does not allow some meats to be kept at a constant temperature. Organ meat and ground beef are the most vulnerable to grow bacteria. The Styrofoam that some meats are packed in can act as an insulator which may prevent the meat in the middle to be kept at a proper temperature if the packages are stacked too high. To insure getting the best meat from the supermarket, Emilio advised looking at the date of the meat, make sure it was packaged correctly, look for a good color and to know the meat manager. Veal should be cooked to medium rare at max and burgers can be cooked to medium rare if you know where the meat comes from.

Dr. Clarke reported that Meals on Wheels is \$20 a week and they are delivered two meals a day Monday-Friday. They also provide meals for residents with dietary restrictions such as diabetic, milk allergic, etc.

Mike Sparozic motioned to accept the Employee Assistance Program (EAP) provided by Bergen County Department of Health; seconded, Casey Colaneri; all members present voting affirmatively.

Mike Sparozic motioned to close the Public Work session; seconded, Casey Colaneri; all members present voting affirmatively.

The Board of Health Meeting adjourned at 8:30 p.m.